

# AUTHORIZATION TO RELEASE HEALTH INFORMATION

*Communications between Patients and their Families, Friends, or Caregivers*

This form allows Charlotte Skin and Laser to communicate information  
(Name of Practice)  
about your care (e.g., appointments, labs, medication, treatment plans, billing information) to you and those you list on this form. Signing this form is optional, is not required to receive treatment, and does not expire until you end it in writing.

**Patient Name:** \_\_\_\_\_  
(Last) (First) (Middle Initial)  
**Date of Birth:** \_\_\_\_\_ **Main Contact Number:** ( ) \_\_\_\_\_  
mm/dd/yyyy ☐ Home ☐ Cell\* ☐ Work  
**Mailing Address:** \_\_\_\_\_  
(Street)  
\_\_\_\_\_  
(City) (State) (Zip)

## COMMUNICATING WITH YOU

### PHONE

☐ Main Contact Number Above  
☐ Other: ( ) \_\_\_\_\_  
☐ Home ☐ Cell\* ☐ Work

### DETAILED MESSAGES PERMITTED

☐ text (SMS)\* ☐ voicemail/answering machine ☐ None  
☐ text (SMS)\* ☐ voicemail/answering machine ☐ None

### EMAIL\*

☐ \_\_\_\_\_  
☐ All information from this practice ☐ Data breach notifications  
☐ Appointment information only (request/confirm/cancel) ☐ Billing/insurance information

## COMMUNICATING WITH YOUR FAMILY, FRIENDS, OR CAREGIVERS

☐ This practice may communicate to the family members, friends, or caregivers listed below.

Spouse/Partner: \_\_\_\_\_  
First and Last Name

Phone: ( ) \_\_\_\_\_

Email:\* \_\_\_\_\_

Other: \_\_\_\_\_  
First and Last Name

Phone: ( ) \_\_\_\_\_

Email:\* \_\_\_\_\_

Relationship: \_\_\_\_\_

Check the box next to each type of information this practice may share.

☐ All information ☐ Prescriptions ☐ Appointments (request/confirm/cancel) ☐ Billing/Insurance  
☐ Other: \_\_\_\_\_

### Do not include:

☐ Mental health records ☐ Communicable diseases (e.g., HIV/AIDS) ☐ Alcohol/drug abuse treatment

\* I understand that emails and texts are not always secure ways to communicate and could be intercepted and read by a third party. I am willing to accept this risk.  
This practice is not responsible for the privacy or security of your health information once it is sent to you, or the recipient(s) listed above.

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## PATIENT RIGHTS & SIGNATURE

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- You can end this authorization at any time in writing. See our Notice of Privacy Practices for exceptions. A termination will not apply to any releases of information that happen before we receive a written termination from you.
- The recipient of the information could use or release it in a way that federal or state laws do not protect. This practice is not responsible for the privacy or security of your health information after it is sent to those listed on this authorization.
- You can review or copy the information that will be used or released as described in this authorization.
- You do not have to sign this authorization to receive treatment from this practice.
- You understand that the information that will be used or released might include a communicable disease diagnosis such as HIV or a diagnosis related to mental health or substance abuse unless you exclude it above.
- All changes or updates to this form must be made in writing and signed by you (patient) or your personal representative. Minor edits (e.g., new phone number) can be made on this form, initialed, and dated instead of requiring a new form.

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Patient/Personal Representative Signature

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Date: mm/dd/yyyy

Printed name and description of Personal Representative's authority (e.g., healthcare power of attorney)  
(Attach documentation to support the personal representative's authority if not already on file with the practice)

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### FOR OFFICE USE & REFERENCE ONLY

☐ This authorization has been terminated: \_\_\_\_\_  
mm/dd/yyyy

The termination must be in writing and filed with the original authorization.

Date original signed authorization received: \_\_\_\_\_  
mm/dd/yyyy

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☐ Copy of original authorization provided to patient/personal representative (check if yes)

Notes: \_\_\_\_\_

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It is recommended that the practice review this form with the patient or their personal representative periodically for changes (e.g., annually with insurance verification).